

## **Spiritual Formation**

We are being formed, and mal-formed, by many things every day. If we are not intentional and discerning about that formation process, we can find it difficult to stay grounded in who we are in Christ. The scarcest commodity in the future may well be our attention and there are billions spent each year to get it.

We have worship, Bible studies, music classes, kids classes, ministry and missions opportunities here at Trinity that all have the potential to form us in a healthy way spiritually, but that's not guaranteed. Making space for being with God and paying attention to how God wants to form and transform us in every circumstance is what spiritual formation is all about.

So we invite you to be a part of all our opportunities for spiritual growth but we also offer a class each semester that is specifically geared to help make space for God's work in our lives – no matter what they look like.

For the next four years, we will be engaged in a discipleship series based on four books by James Bryan Smith:

2024-25            Good and Beautiful God: Spring 2025 – Feb. 23, March 2, 16, 23, 30

2025-26            Good and Beautiful Life

2026-27            Good and Beautiful Community

2027-28            Good and Beautiful You

These classes meet in the fall and spring of each year on Sunday nights from 5-6pm. They are facilitated by Glenn and Teresa Bowers.